



Oatmeal Cookie Smoothie

Yield: About 2 Cups | Prep Time: 5 mins | Total Time: 5 min

INGREDIENTS

- ¼ cup old-fashioned oats
- 1 frozen (peeled) banana
- 1 cup **Almond Breeze Unsweetened Almond Milk**
- 1-2 tablespoons honey (to taste)
- ½ teaspoon ground cinnamon
- ½ teaspoon vanilla extract
- ¼ teaspoon ground ginger
- Pinch of nutmeg
- Pinch of salt
- **Optional:** ¼ cup raisins

INSTRUCTIONS

- Add oats to blender, and pulse until finely ground.
- Add remaining ingredients and pulse until blended and smooth.
- Serve immediately.



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